

SAMPLE FORM

Waiver and Release of Liability Form

I, [PARTICIPANT NAME], hereby assume all the risk of participating in any and all activities being conducted by [ORGANIZATION NAME], located at [ORGANIZATION LOCATION], including, by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of [ORGANIZATION NAME].

I CERTIFY that no qualified medical professional has advised me not to participate in the activities and that there are no health-related reasons that preclude my participation in this activity.

I acknowledge that this Waiver and Release of Liability Form will be used by [ORGANIZATION NAME] and that it will govern my actions and responsibilities in my activities.

- (1) I WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter affect me, [ORGANIZATION NAME] and their directors, officers, employees, volunteers, representatives, and agents as well as [ORGANIZATION NAME]'s sponsors and volunteers.
- (2) I INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE [ORGANIZATION NAME] or their representatives as listed in the paragraph above for any liabilities or claims made as a result of my participation in this activity, whether caused by negligence or otherwise.

I hereby consent to receive medical treatment which may be deemed advisable by [ORGANIZATION NAME] instructors or director in the event of injury, accident, and/or illness during this activity.

I certify that I have read this document and understand its content. I agree to the terms of this waiver and release of liability.

Participant Signature

Date